

Mid North Coast Athletics Carnival - 2026

Note: The event order may be altered by the carnival manager should the need arise. Times are approximate. Competitors are advised to be in attendance well before program time.

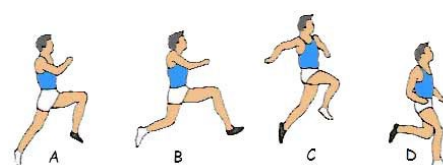
Track Program

9.00am	Boys	12-13 Years/Junior/11 Years	1500m	Final
	Girls	12-13 Years/Junior/11 Years	1500m	Final
9.30am	Boys	Junior Relay	4 x 100m	Final
	Girls	Junior Relay	4 x 100m	Final
	Mixed	Small Schools Relays	4 x 100m	Final
	Boys	Senior Relay	4 x 100m	Final
	Girls	Senior Relay	4 x 100m	Final
10.00am	Boys	Junior/11 Years/12-13 Years	200m	Heats
	Girls	Junior/11 Years/12-13 Years	200m	Heats
10.30am	Boys	8/9/10/11/12/13 Years	100m	Heats
	Girls	8/9/10/11/12/13 Years	100m	Heats
11.15am	Boys	11 Years/ Junior/12-13 Years	800m	Final
	Girls	11 Years/ Junior/12-13 Years	800m	Final
	Boys	Junior/11 Years/12-13 Years	200m	Final
	Girls	Junior/11 Years/12-13 Years	200m	Final
	Boys	8/9/10/11/12/13 Years	100m	Final
	Girls	8/9/10/11/12/13 Years	100m	Final



TRACK EVENTS TAKE PREDEEDENCE OVER FIELD EVENTS

Please report to the Field Official to notify them that you are present and coming back to compete after your track event.



Field Program Times are approximate.

9.30am	Boys	11 Years Long Jump	Pit 1	Final
	Girls	11 Years Long Jump	Pit 2	Final
	Boys	12-13 Years Shot Put (3 kg)	Circle 1	Final
	Girls	12-13 Years Shot Put (3 kg)	Circle 2	Final
	Boys	Junior Discus (500g)	Circle 1	Final
	Girls	Junior Discus (500g)	Circle 2	Final
10.10am	Boys	Junior Long Jump	Pit 1	Final
	Girls	Junior Long Jump	Pit 2	Final
	Boys	12-13 Years High Jump	Stand 1	Final
	Girls	12-13 Years High Jump	Stand 1	Final
	Boys	11 Years Discus (750g)	Circle 1	Final
	Girls	11 Years Discus (750g)	Circle 2	Final
10.50am	Boys	11 Years High Jump	Stand 1	Final
	Girls	11 Years High Jump	Stand 2	Final
	Boys	Junior Shot Put (2 kg)	Circle 1	Final
	Girls	Junior Shot Put (2 kg)	Circle 2	Final
	Boys	12-13 Years Discus (750g)	Circle 1	Final
	Girls	12-13 Years Discus (750g)	Circle 2	Final
11.30am	Boys	Junior High Jump	Stand 1	Final
	Girls	Junior High Jump	Stand 2	Final
	Boys	11 Years Shot Put (2 kg)	Circle 1	Final
	Girls	11 Years Shot Put (2 kg)	Circle 2	Final
	Boys	12-13 Years Long Jump	Pit 1	Final
	Girls	12-13 Years Long Jump	Pit 2	Final

Note: Multiclass Athletic events will be held at the same time as their age group events.